

# WELCOME to SOUTHSEA BEACH CAFE

## Breakfast at SBC

BREAKFAST SERVED UNTIL 11.45AM

<b>SBC TOAST</b> <small>vegan</small> Using locally baked fresh bread. Choice of white Farmhouse, wholemeal farmhouse, sourdough or gluten free with butter. <i>Add Marmite, marmalade, strawberry jam, raspberry jam or hokey loc 60p.</i>	<b>£2.50</b>
<b>GRANOLA BOWL</b> <small>vegan</small> Almond yoghurt, forest fruit tofù smoothie, Autumn berry compote, granola, chia seeds, acai berries, fresh fruit.	<b>£6.90</b>
<b>SBC BELGIAN WAFFLE</b> <small>v</small> Homemade Belgian waffle, caramelised apple, mascarpone, maple syrup, cinnamon, candied walnuts.	<b>£7.20</b>
<b>SCALLOP AND BACON BAP</b> Pan seared scallops, crispy bacon, aioli and rocket in a brioche bun.	<b>£9.50</b>
<b>SMASHED AVOCADO</b> <small>vegan</small> Toasted sourdough, two poached eggs, toasted seeds. Like it spicy, ask for Siracha! <i>Add - streaky bacon, smoked salmon or feta cheese - £1.50</i>	<b>£7.00</b>
<b>BREAKFAST BURRITO</b> Crispy bacon lardons, oozy mozzarella, avocado, scrambled egg with cherry tomato salsa. <i>Available as vegetarian, just ask for no bacon for £2.00</i>	<b>£8.00</b>
<b>EGGS ON TOAST</b> <small>vegan</small> Scrambled, fried or perfectly poached with a slow dried tomato served on toasted white farmhouse bread.	<b>£4.90</b>
<b>SBC THYME 'ROSTI'</b> <small>vegan</small> Our homemade thyme 'Rosti', two perfectly poached eggs and house hollandaise. <i>Smoked ham hock £2.00 / Smoked salmon £8.50 / Wilded spinach (V) £2.50</i>	<b>£6.50</b>
<b>SWEETCORN FRITTERS</b> <small>v</small> Fluffy fried sweetcorn & courgette fritters, smashed avocado, cherry tomato salsa, perfectly poached egg.	<b>£7.00</b>
<b>FULL ENGLISH</b> 2 rashers of streaky bacon, 2 SBC sausages, 2 free range fried eggs, roasted herby mushrooms, slow roasted tomato, Heinz baked beans and wholemeal farmhouse toast - only the finest ingredients, sourced locally.	<b>£8.50</b>
<b>LITTLE ENGLISH</b> A smaller version of the above.	<b>£6.50</b>

## On The Side

<b>SBC SAUSAGE</b>	<b>£1.50</b>
<b>BLACK PUDDING</b>	<b>£1.50</b>
<b>SBC THYME 'ROSTI'</b>	<b>£1.50</b>
<b>2 RASHERS OF STREAKY BACON</b>	<b>£1.50</b>
<b>SMOKED SALMON</b>	<b>£3.00</b>
<b>SLICE OF TOAST</b>	<b>£1.00</b>
<b>HERBY ROASTED MUSHROOMS</b>	<b>£1.00</b>
<b>HEINZ BEANS</b>	<b>£0.50</b>
<b>HOUSE HOLLANDAISE</b>	<b>£1.00</b>

## SBC Classics

LUNCH SERVED FROM 12.15PM

<b>SBC FISH AND CHIPS</b> <small>vegan</small> The freshest catch cooked in a light and crunchy beer batter, homemade tartare sauce, pea puree, fresh lemon and chips.	<b>£11.00</b>
<b>CRAB CAKES</b> Homemade crab cakes with a tomato, chilli and sweetcorn salsa, mixed leaf salad and rose harissa.	<b>£11.00</b>
<b>FISH AND SHELLFISH SOUP</b> <small>vegan</small> Rich spiced tomato soup, salmon, cod, haddock, hake, rope grown mussels, juicy clams with toasted sourdough and fresh herbs.	<b>£12.00</b>
<b>THE SBC BURGER</b> Two 3oz beef patties made by our local butcher, house burger sauce, shredded gem lettuce, beef tomato and pickles served in a glazed brioche bun with rustic fries. <i>Add smoked cheddar or streaky bacon - £1.00 each / Slow cooked pulled pork - £1.50</i>	<b>£9.50</b>
<b>THE SBC VEGGIE BURGER</b> <small>v</small> Sweetcorn and courgette fritter, smashed avocado, cherry tomato salsa and cumin crème fraiche in a glazed brioche bun with rustic fries.	<b>£8.50</b>
<b>HOT SMOKED SALMON NICOISE</b> <small>vegan</small> Flaked hot smoked salmon, soft boiled quail egg, green beans, new potatoes, marinated olives, seasonal leaves, tomato and herb dressing.	<b>£13.00</b>
<b>VEGETABLE MOLE</b> <small>vegan</small> Roasted butternut squash and sweet potato, green mole sauce, puffed wild rice and coriander. A mole is a traditional sauce originating from Mexico made with fruits, chillies, nuts and spices.	<b>£8.50</b>

## Catch of the Day

### LOCAL CATCH MARKET PRICE

Always sourcing the freshest fish often from the very waters you are looking out upon and delivered to our restaurant daily. Cooked to perfection by our talented chefs.

Our catch of the day is chalked up on our specials board or please ask a member of staff.

We are committed to bringing you the best possible experience in this outstanding location. We all hope you thoroughly enjoy your visit and go on to recommend us to your family and friends.

Join our mailing list or follow us on Facebook to hear all the latest SBC news.  
**FACEBOOK:** southseabeachcafe | **TWITTER & INSTAGRAM:** southseacafe  
**WEB:** southseabeachcafe.co.uk

Our food may contain one of following allergens; please ask a member of staff about our food if you have a particular allergy: celery, cereals containing gluten, crustaceans, eggs, fish, lupin, milk, molluscs, mustard, nuts, sulphur dioxide, peanuts, sesame seeds & soya.

Available Vegan vegan / Gluten Free vegan / Available Gluten Free vegan / Vegetarian v / Vegan vegan

## Lighter Bites

LUNCH SERVED FROM 12.15PM

<b>BUTTERMILK FRIED CHICKEN WINGS</b> Red cabbage slaw and rustic fries. Coated with either spicy siracha or BBQ sauce.	<b>£9.50</b>
<b>WILD MUSHROOM RISOTTO</b> <small>vegan</small> garlicky sautéed mushrooms, parmesan, truffle oil and crispy sage.	<b>£8.50</b>
<b>RED CHICORY SALAD</b> Dressed leaves, red chicory, fresh pear, toasted walnuts and a light blue cheese dressing.	<b>£7.50</b>
<b>SCALLOP AND BACON BAP</b> Pan seared scallops, crispy bacon, aioli and rocket in a brioche bun with red cabbage slaw. It's so good we had to put it on our lunch menu too!	<b>£10.50</b>
<b>HOUSE CHICKEN SANDWICH</b> Roasted chicken, crispy bacon, grilled halloumi, avocado mayo in white farmhouse bread with a mixed leaf salad.	<b>£7.50</b>
<b>THE REUBEN</b> Our very own hot salt beef, mustard mayo, gherkin salsa and homemade seven day fermented sauerkraut in toasted farmhouse bread with a mixed leaf salad.	<b>£9.00</b>

## Jacos

<b>BBQ PULLED PORK</b>	<b>£7.50</b>
<b>HOT SMOKED SALMON</b>	<b>£8.00</b>
<b>GRILLED HALLOUMI</b> <small>v</small>	<b>£7.00</b>
<b>BBQ PULLED AUBERGINE</b> <small>vegan</small>	<b>£6.50</b>

All served in soft tortilla wraps with red cabbage slaw, tomato salsa, smashed avocado, fresh lime and siracha mayo.

## On the Side

<b>GREEN SALAD, HOUSE DRESSING</b> <small>vegan</small>	<b>£3.00</b>
<b>RED CABBAGE SLAW</b> <small>vegan</small>	<b>£3.00</b>
<b>MARINATED QUEEN OLIVES</b> <small>vegan</small>	<b>£3.00</b>
<b>RUSTIC FRIES</b> <small>vegan</small>	<b>£3.00</b>
<b>SELECTION OF BREADS</b> <small>v</small> Extra virgin English rapeseed oil and balsamic.	<b>£4.50</b>

## DRINKS on the BEACH

### From the Bar

ALCOHOLIC DRINKS SERVED BETWEEN 11AM AND 11PM

Please ask your server about our wine & spirit selection. Selected 125ml measures are available.

<b>VEDETT BELGIAN BEER (330ML BOTTLED)</b> A pilsner lager, created in 1945 by Albert Moortgat.	<b>£4.50</b>
<b>VEDETT IPA (330ML BOTTLED)</b> Indian Pale Ale.	<b>£4.50</b>
<b>SOL WITH LIME (330ML BOTTLED)</b> The original Mexican beer, born in 1899.	<b>£4.00</b>
<b>INDIAN RUNNER (500ML BOTTLED)</b> Premium golden ale brewed in the UK using a complex structure of malts and hops.	<b>£4.90</b>
<b>APPLE OR ELDERFLOWER NORCOTT ENGLISH CIDER (500ML BOTTLED)</b> Created using a unique recipe developed by cider supremo Chris Norcott.	<b>£4.90</b>
<b>ICON COKE</b>	<b>£2.70</b>
<b>DIET ICON COKE</b>	<b>£2.70</b>
<b>RNLI STILL OR SPARKLING MINERAL WATER</b>	<b>£1.80</b>
<b>HILL FARM APPLE JUICE</b>	<b>£2.80</b>
<b>FENTIMANS GINGER BEER</b>	<b>£3.00</b>
<b>LUSCOMBE SICILIAN LEMONADE (STILL)</b>	<b>£2.80</b>

## Handmade Soft Drinks

<b>GREEK FRAPPÉ</b> Made in the authentic Greek style with coffee and lots of ice.	<b>£2.50</b>
<b>FRESHLY SQUEEZED ORANGE JUICE</b> Hand squeezed, you don't get fresher than that.	<b>£3.50</b>
<b>THICK ICE CREAM MILKSHAKES</b> Salted Caramel / Chocolate / Strawberry / Vanilla / Banoffee Ripple Peanut Butter / Brownie / Espresso	<b>£4.50</b>
<b>BEACHSIDE SMOOTHIE</b> Raspberry, blackberry and strawberry. <i>Mixed with apple juice or water.</i>	<b>£3.90</b>
<b>BANANA BERRY SMOOTHIE</b> Strawberry and banana. <i>Mixed with apple juice or water.</i>	<b>£3.90</b>
<b>KALE KICK</b> Kale, spinach and mango. <i>Mixed with apple juice or water.</i>	<b>£3.90</b>
<b>DOCTOR BEET</b> Beetroot, carrot and mango. <i>Mixed with apple juice or water.</i>	<b>£3.90</b>
<b>DETOX-ZING</b> Ginger, courgette, banana, carrot and blueberry. <i>Mixed with apple juice or water.</i>	<b>£3.90</b>

## DRINKS on the BEACH

### Seasonal Sips

<b>BUNDABERG BLOOD ORANGE</b> Craft brewed sparkling blood orange made with all natural ingredients.	<b>£3.10</b>
<b>EPIC SAISON</b> Autumnal farmhouse ale from Wild Brewing Co. Crisp, tangerine zest, spices.	<b>£4.80</b>
<b>HOT SPICED APPLE MARTINI</b> Dark rum, hot cloudy apple and spiced syrup in a cinnamon-sugar rimmed glass.	<b>£6.20</b>
<b>BLACKBERRY GIN FIZZ</b> Muddled blackberries, gin, soda and prosecco over ice.	<b>£6.80</b>

## Coffees, Tea & Hot Chocolate

<b>ESPRESSO / DOUBLE</b>	<b>£1.90 / £2.20</b>
<b>DOUBLE MACCHIATO</b>	<b>£2.30</b>
<b>LONG BLACK / AMERICANO</b>	<b>£2.40</b>
<b>CAPPUCCINO / LATTE / FLAT WHITE</b>	<b>£2.50</b>
<b>CHAI LATTE / MOCHA</b>	<b>£2.80</b>
<b>TEAPOT FOR ONE</b> Choose from Portsmouth Tea, Earl Grey Blue Flower, Green Gunpowder, Peppermint, Decaf.	<b>£2.50</b>
<b>BABYCCINO</b> With mini marshmallows on the side.	<b>£0.50</b>
<b>VELVETY LUXURIOUS HOT CHOCOLATE</b>	<b>£2.50</b>
<b>FULLY LOADED</b> Includes cream, marshmallows and a flake.	<b>£3.50</b>
<b>WHITE HOT CHOCOLATE</b>	<b>£2.50</b>
<b>FULLY LOADED WHITE HOT CHOCOLATE</b> Includes cream, honeycomb, toffee sauce and a flake.	<b>£3.50</b>
<b>SALTED CARAMEL RUM HOT CHOCOLATE (25ML)</b> Salted caramel, dark rum, velvety hot chocolate.	<b>£4.50</b>
<b>BAILEYS HOT CHOCOLATE (25ML)</b>	<b>£4.50</b>
<b>COINTREAU &amp; CINNAMON WHITE HOT CHOCOLATE (25ML)</b> Orange liqueur, cinnamon, silky white hot chocolate.	<b>£4.60</b>
<b>BOURBON SPIKED CHAI (25ML)</b> Hot spiced chai hit with Bourbon whiskey.	<b>£4.60</b>
<b>AMARETTO AND HONEYCOMB LATTE (25ML)</b> Italian almond liqueur, espresso, honeycomb, velvety milk.	<b>£4.70</b>
<b>HOT FLAT WHITE RUSSIAN (50ML)</b> A hot twist on a classic - vodka, kahlua, espresso, velvety milk.	<b>£4.90</b>

Milk options - full fat, skinny, soya, almond or oat. (Soya, almond & oat 30p extra)  
Add a shot of syrup for an extra 30p (Vanilla or salted caramel)

# Southsea BEACH CAFE

## AUTUMN MENU